



Our Christian Values are ★ Stewardship ★ Service ★ Courage ★ Perseverance ★ Hope ★ Kindness ★ Forgiveness ★ Love
★ Friendship ★ Respect ★ Compassion ★ Thankfulness

Wreningham VC Primary School

Friday 29/01/2026 NO 19

DIARY DATES 2026

FEBRUARY	
WC 9 Feb	Children's Mental Health week
Tues 10	CL 4 Tag Rugby - Wymondham College Prep
Tues 10	Aylmerton Meeting, Class 3, 3.10pm
Thurs 12	Parents Drop In – Early Help 9.30-3.30pm
Fri 13	“Love Yourself” FOWS non-uniform day
Fri 13	School Council Valentine Cake Sale
Fri 13	Break Up
Mon 16– Fri 20	Half term holiday
Mon 23	Back to school
Thurs 26/Fri 27	CL1 Family Lunch
MARCH	
Wed 4 – Fri 6	CL3 Residential to Aylmerton
Thurs 5	CL1/Yr2 Road Safety
Thurs 5/Fri 6	CL2 Family lunch
Fri 20	FOWS – Spring Pyjama Day
Sat 21	FOWS – Tidy Up morning from 8am
Mon 23-Wed 25	Parents Evenings
Fri 27	FOWS -Spring Treat Day after school
Fri 27	Easter Service at Wreningham Church
Fri 27	Break Up
Mon 30–Mon 13	Easter Holidays
APRIL	
Mon 13	Inset Day
Tues 14	Back to school
Tues 28	Yr4 Cycling Road Safety
Thurs 30	Yr4 Cycling Road Safety
MAY	
Mon 4	Bank Holiday
WC Mon 11	SATS week – Yr6
Fri 15	Yr3 Bikeability
WC 18 May	Walk to School week
Fri 22	Break Up
Mon 25- Fri 29	Half Term
JUNE	
Mon 1	Back to School
23,24,25	Wymondham High Transition Days
29,30 June,1 July	Hethersett Academy Transition Days
JULY	
Tues 7	Sports Day
7,8	Long Stratton Transition Days
Thurs 9	CL4 Performance
Fri 17	Leaver's Assembly
Fri 17	Break Up



Have you seen our new Trophy shelf in the corridor by Class 2? We are now proudly showing the cups that are awarded annually to a child or group of children. You can see the “Steve Kittle Christian Values Award”, the “Rob Jones Reader’s Cup” and the “House Winner’s Cup” amongst others. Please do have a look when you are next in school.



This week we have welcomed Elizabeth Pritchard into school. Elizabeth has joined us as a Teaching Assistant and is currently working with Class 2.

She has many years experience in schools and we are really happy to have her join the team. Please do say hello to her when you bump into her.



SCHOOL COUNCIL VALENTINE'S CAKE SALE

The School Council are running a Valentine's cake sale on Friday 13th

February, after school in the Mary Fairman room . Contributions for the cake sale can be dropped off before school in the Mary Fairman room. It would be fabulous if they could have some Valentine themed decorations!

Thank you in advance for your contributions and support.



Cadie, along with 55 other NNUH younger patients with Cystic Fibrosis and their amazing paediatric Cystic Fibrosis team are attempting to walk around the world – all 55 million steps by tracking their steps for the next 6 months! If you are in a position to donate it would be amazing. Thank you.

<https://www.justgiving.com/campaign/airmazing>



The Value that we are exploring and learning about this half term is Courage.



Don't forget we have a **Middy Supervisor vacancy** at school, starting after Easter. Do you know anyone in the community who may be interested? A neighbour or a grandparent perhaps? If so, please ask them to contact the office for more information.

We have 4 days vacant: **Mon, Tues, Weds and Friday**. The hours are **12.00 – 1.30pm** each day. We ideally need someone for the 4 days but will consider a couple of days. Come and join our very friendly team!



We have signed up to take part in the Norse "Active Canaries 2026" on Thursday 19th March. Norse, our lunchtime meal provider, are working with **Norwich City Community Sports Foundation**. We hope to join in on a special assembly provided by the Sports Foundation and learn about lifelong healthy choices and physical activities. We will also have a special lunch menu that day and we will send you the alternative menu for 19th March near the time.



Family Lunches - After half term we will be inviting Class 1 and Class 2 parents and siblings in to join us for a Family Lunch. We will be sending letters out nearer

the time but you will be invited to join your children and sample the school lunches (or bring your own packed lunch).

The dates for your diaries for Class 1 and Class 2 are:

Class 1 Thursday 26th Feb and Friday 27th Feb

Class 2 Thursday 5th March and Friday 6th March

CL3 and CL4 will be during the summer term. Watch this space for further information!

FOWS NEWS – Along with this newsletter you will receive the Spring FOWS Fundraising News.

The next event is **Friday 13th February** – "Love Yourself" Non-Uniform day.



Children may wear whatever they are comfortable in for a suggested donation of £1 (50% will be donated to www.youngminds.com.)

Please remember that children should not have dangling earrings, tattoos, face paints or hair chanks. Thank you.

CLUB CORNER – We will let you know about upcoming after school clubs for the next week:



Monday 2nd Tag Rugby – Class 4
Tues 3rd Art Club – Class 4
Multi-sports – Class 3
Thurs 5th Girl's Football – Year's 4,5,6
Tennis – Class 2
Fri 6th Netball – Class 4



Thank you to the parents who have been in to check their child's inhaler. If you haven't popped in, please can we ask you to come to the office for KS1 children or check in the classroom for KS2.



The next Early Help Drop In Session is on **Thursday 12th February**. The trained staff can offer valuable advice and support on all sorts of subjects. If you want to talk to someone about concerns, worries or something that is just niggling please book a time slot and come along. **Sharon will be available from 9.30 – 3.30pm, please ring the office to book a half hour appointment.** Please see some information at the end of this newsletter which Sharon has asked us to share with you all and which may be of interest.



DID YOU KNOW? At school we recycle

batteries, pens and inkjet cartridges. The children also recycle their crisp packets at lunchtime. We sometimes even get paid or receive book vouchers and have just earned £30 for the inkjet cartridges that we have collected. The collection boxes for the batteries and inkjet cartridges are within the entrance foyer, and the pen collection bin is in the corridor. So please remember us when you change batteries or replace your inkjet cartridges. It supports our Eco Schools award.

Stars of the Week:

Class 1 Cecily/Jacob/Eliza E

Class 2 Ivy/Hattie

Class 3 Hadley/Emily

Class 4 Darcie G/Hermione



Kids Disabled children say we can

Riding the Rapids



Would you like to embark on an adventure with us? Together, we'll navigate through rapids, connect with new individuals, and explore behaviour as a means of communication. Our journey will be non-judgmental, friendly, and supportive.

Riding the Rapids Programme Information

- 10 week programme
- Developed by clinical psychologists.
- Face-to-face weekly 2 hour sessions.

- Understanding behaviours.
- Importance of self-care.
- Meeting sensory needs.
- Developing family communication, teamwork and connection.
- Managing the difficult times.
- Understanding contribution of situations to the triggering of challenging behaviours.

Contact:
sally.macgregor@kids.org.uk
hayley.huckle@kids.org.uk
 Kids.org.uk

Kids Disabled children say we can

Healthy Parent Carers


Calling All Parent Carers!

- Are you a dedicated parent carer?
- Eager to connect with other incredible caregivers?
- Seeking some enjoyable activities?

Interested in participating in a workshop that focuses entirely on you?

Why not join us on our Healthy parent carer workshop.
 The workshop runs for 6 weeks online and is two hours per session.

For more info or to book a place please contact sally.macgregor@kids.org.uk or hayley.huckle@kids.org.uk



Kids Disabled children say we can

PARENT CARER NEEDS ASSESSMENT

Who are Kids Norfolk?

As part of the Kids national charity, Kids Norfolk PCNA are commissioned to provide support to families in Norfolk.

How do we support families?

After a parent/carer has contacted the Communities and Partnerships team to look at completing a parent carer needs assessment, a referral will be made through to Kids to look at an offer of support. A Kids practitioner will contact the family to discuss their specific needs and an offer of support will be made.

Our service is constantly growing and adapting to needs meaning that new workshops, groups, and events will pop up! However, our core offers include:

- 'Riding the Rapids' parent carer course
- Healthy Parent Carers resilience programme
- One-to-one emotional wellbeing support
- Understanding Behaviour workshop
- Mini workshops looking at sleep, resilience
- Sensory needs

Refer a family:
 by contacting The Communities and Partnerships team on
0344 800 8020

Kids Disabled children say we can

PCNA

OVERVIEW OF SUPPORT

Riding the Rapids
 A ten week course supporting parents to understand behaviour that challenges in the context of additional needs. Parents unpick the functions of their child's behaviour and apply positive strategies to reduce their child's distress. The interactive and reflective nature of this course helps parents to identify their child's individual sensory, communication, and wellbeing needs. Using the toolkit, parents then explore ways to meet these needs with the effect of enhancing overall family wellbeing.

Healthy Parent Carers Programme
 The Healthy Parent Carers Programme aims to improve health and wellbeing among parents of children with additional needs and disabilities through:

- Promoting greater empowerment, resilience and confidence of parent carers;
- Taking small steps that are associated with better health and wellbeing;
- Encouraging setting achievable goals and taking a problem-solving approach.

A Parent Journey
 These five mini workshops work with parents to determine the focus for the sessions. Popular choices include 'sleep', 'sensory needs', and 'signposting'.

Neurodiversity Workshop
 This workshop builds understanding of autism, ADHD, and PDA. It also explores introductory strategies to understand functions of behaviour.

How to access the service?
 Norfolk Area Communities and Partnerships team are the first point of contact for you to ask about the PCNA and associated support. They will provide you with more information about the service and discuss the options, to help you find what would most suit you. Their telephone number is 0344 800 8020